

WEEK 1 - 101 / Starting Part 1

Basic calls and penalties, the starting sequence, entering the box, the dial up

Reading: North U. - Basic Match Racing, Understanding the Game

Introduction - pages 6-8

The Course - pages 9-10

Entry - pages 11-13

Match Racing Rules 10 thru 16.1- pages 14-19

Starting Errors; Penalty Turns; Moving Astern - pages 32-33

Protests; Penalties & Umpires - pages 37-41

The Pre Start - Dial Up/Down - pages 42-61

Rules to Study:

C3.1 "Starting Signals"

C3.2 "Changes to Related Rules"

C4 "Requirements Before the Start" (C4.1 - the "H" & C4.2 "Entry")

10 "On Opposite Tacks"

11 "On the Same Tack, Overlapped"

12 "On the Same Tack, Not Overlapped"

C2.4 "While Tacking or Gybing (REPLACES Rule 13)"

14 "Avoiding Contact"

15 "Acquiring Right of Way"

16.1 "Changing Course"

C2.5 (DELETES 16.2)

20 "Starting Errors; Penalty Turns; Moving Astern"

(20.1; C2.8 Replaces 20.2; 20.3)

Definitions: "Clear Astern and Clear Ahead; Overlap;" "Keep Clear;" "Leeward and Windward;" "Proper Course;" "Room;" "Tack, Starboard or Port"

Extra Credit Calls to Study:

CALL UMP: #1 (Rules 11 & 15)

#2 (Rule 20.3 Moving Astern)

#3 (Rule 11 & 15)

#4 (Rule 11 & 16.1)

#5 (Rule 11, 16.1, & C2.4)

#38 (Rule 12, 20.3 & *Definitions* "Clear Astern and Clear Ahead; Overlap + C2.3")

CALL MR: #1 (Rules C4.1 & C4.2)

WEEK 2 - Starting Part 2

Leading vs. trailing, hooking, lay lines, circling

Reading: North U. - Basic Match Racing, Understanding the Game

Safe & Unsafe Pre-Start Zones - pages 62 - 63

Circling - pages 64 - 74

Lay Lines - pages 75-76

Approaching Starting Mark to Start - pages 77 - 78

Leading & Pushing - pages 79 -83

Rules to Study:

17 "On the Same Tack; Proper Course"

(17.1 & C2.5 Deletes 17.2)

18 "Rounding and Passing Marks and Obstructions"

18.1 "When This Rules Applies"

18.2 "Giving Room; Keeping Clear"

Definitions: "Mark;" "Obstruction;" "Racing;" "Two-Length Zone"

Extra Credit Calls to Study:

CALL UMP: # 6 (Rules 10, 16.1 18.2(c))

7 (*Definitions* "Keep Clear")

9 (Rules 11, 16.1, 17.1 & *Definitions* "Keep Clear and Proper Course")

10 (Rule 18.2(a))

12 (Rules 10 & 16.1)

13 (Rules 11 & 18.1(a))

14 (Rules 10 & 16.1)

16 (Rules 10 & 16.1)

20 (Rule 16.1 & *Definitions* "Room")

27 (Rules 16.1, 18, & *Definitions* "Mark and Obstruction")

35 (Rules 10 & 16.1)

WEEK 3 - Boat Handling and Speed

Sail trim, heel, sheets, momentum, rolling, getting up to speed, slow and stopping, more starting practice

Reading: North U. - Basic Match Racing, Understanding the Game

If you were unable to finish reading the North U material listed for WEEK 2, finish reading the WEEK 2 materials

Passing a Continuing Obstruction - page 30

Room to Tack at an Obstruction - page 31

Rules to Study:

Review Rules listed under WEEK 2 and the following additional Rules:

18.5 “Passing a Continuing Obstruction”

19 “Room to Tack at an Obstruction”

(19.1, C2.7, &19.2)

Definitions: “Mark;” “Obstruction;” “Proper Course + C2.2;” “Racing;” “Start;” “Two-Length Zone”

20 “Starting Errors; Penalty Turns; Moving Astern

(Rules 20.1, C2.8 Replaces 20.2; 20.3)

C5 “Signals by Umpires”

(Rules C5.1, C5.2, C5.3, C5.4, C5.5, C5.6, C5.7)

C6 “Protests and Request for Redress by Boats”

(Rules C6.1, C6.2, C6.3, C6.4, C6.5)

C7 “Penalty System”

(Rules C7.1 “Rule Changes,” C7.2 “All Penalties,” C7.3 “Penalty Limitations,” & C7.4 “Taking and Completing Penalties”)

Extra Credit Calls to Study:

Review WEEK 2 Calls and the below listed Calls

CALL GEN: # 1 “Last Point of Certainty”

11 (Rules 16.1 & Rule C2.4)

37 (Rules 11, 16.1 & 18)

CALL MR: # 3 (Rules C7.2 & C7.3)

19 (C6.5, C8.4, C9.3)

24 (Rules 2, C2.7, & C8.4)

WEEK 4 - Upwind and Rounding the Weather Mark

Left/right/middle, tactics, tacking duels, approaching the mark from left vs. right, lay lines, tack set

Reading: North U. - Basic Match Racing, Understanding the Game

Rules 17.1 & 18 - pages 20 -29

The Windward Leg - pages 84 - 102

Rules to Study:

17 “On the Same Tack; Proper Course”

(17.1 & C2.5 Deletes 17.2)

18 “Rounding and Passing Marks and Obstructions”

18.1 “When This Rules Applies”

18.2 “Giving Room; Keeping Clear”

C2.6 “Tacking at a Mark” Replaces Rule 18.3

Definitions: “Mark;” “Obstruction;” “Proper Course + C2.2;” “Racing;” “Start;” “Two-Length Zone”

Extra Credit Calls to Study:

CALL UMP: # 17 (Rules 11, 16.1 & 17.1)

22 (Rules 18.1 & 18.2(c))

24 (Rules 11 & 18.2)

29 (Rules 11, 16.1, & *Definitions* “Keep Clear and Room”)

30 (Rules 15, 17.1 & 18.2)

32 (Rules 11, 16.1, 18, 18.2(a))

34 (Rules 18.2(a) & 18.2(e))

CALL MR: # 10 (Rules 18.2(a), 31.1, 64.1(b), C6.1(a), C8.1(b), C8.2)

12 (Rules 10, 15, C2.8, & C7)

16 (Rule C7)

17 (Rules C5, C6.5, & C7.2(b))

35 (Rule C2.6)

Week 5 - Downwind

Leading vs. trailing, soaking, gybing, getting and staying away from a penalty

Reading: North U. - Basic Match Racing, Understanding the Game

The Downwind Leg - pages 103 - 108

Downwind Penalties - pages 119-121

Rules to Study:

17 "On the Same Tack; Proper Course" (17.1 & C2.5 Deletes 17.2)

C2.4 "While Taking or Gybing" (Replaces Rule 13)

C2.8 Replaces Rule 20.2

22 "Interfering With Another Boat"

(C2.9 Replaces 22.1; C2.10 Replaces 22.2; C2.11 Creates 22.3)

Extra Credit Calls to Study:

CALL UMP: # 19 (Rules 17.1, & *Definitions* "Proper Course")

21 (*Definitions* "Overlap," & "Keep Clear")

28 (Rules 15, & 17.1)

33 (Rules 16.1 & *Definitions* "Room")

CALL MR: # 22 (Rule C2.11)

30 (Rules 11, 17.1, C7, & C8.3(b0

Week 6 - Rounding the Leeward Mark/ Finishing

Taking someone passed starboard lay line, dousing after passing starboard lay line, exiting leeward mark, finishing

Reading: North U. - Basic Match Racing, Understanding the Game

Approaching the Leeward Mark - pages 109 - 117

Windward and Leeward Spinnaker Drops 117 - 118

Re-read Downwind Penalties - pages 119 -121

The Finish - pages 122 - 124

Rules to Study:

Re-read Rules #17.1, 18, 18.1, & 18.2

18.4 "Gybing"

C2.1 Changes *Definition* of "Finish"

C3.3 "Finishing Line Signals"

Extra Credit Calls to Study:

CALL UMP: # 18 (Rules C2.1 & *Definitions* "Clear Astern and Clear Ahead; Overlap)

#19 (Rules 17.1 & *Definitions* "Proper Course")

CALL MR: # 6 (Rules 28 & C2.1)

#29 (Rules C2.1, C5.6, & C7.4(b))

Week 7 - Putting it All Together

Open classroom discussion for final Q&A, start our final round robin(s) with full length courses.

Reading: NOR and SIs. Also download and review the boat rotation and pairing sheet

Week 8 - Final Races

Pick up on the final round robin(s) where we left off last week. Finals.